



101 Things To Do in the Valley

SPRING 2022 EDITION

Subscribe for FREE to this list and get it every season by email!

Contact us at: 101things@travelourbackyard.com

Download this list at www.ovbusiness.com

ALL SEASON EVENTS

NUMBER 1

Container Market

Petawawa Container Market will open on June 30. Located at 16 Civic Centre Road in Petawawa, five shipping containers are available to businesses, artists and makers to sell and showcase their products and services. Term rentals are available. Market season runs to end of October. New vendors weekly. Phone: 613-687-5536 ext. 2021 cmitchell@petawawa.ca

NUMBER 2

ATV Driver Course

The ROV Basic Driver Course (RBDC), is designed for current and prospective recreational off-highway vehicle users. It is about the fundamentals of operating an ROV. Participants must be a licensed car driver and must have completed the ROHVA E-Course (free of charge) prior to the practical portion of the course. Proceeds go directly to trail maintenance. Register online. www.renfrewcountyatv.ca

NUMBER 3

Frozen Meals

Do you know someone who could use some homemade and delicious frozen meals? Order from Griffith Farm & Market. Arrange a delivery or pick up at the farm at 146 Griffith Wagner Road in Golden Lake. Menu and ordering available on our website. Gift certificates too. Phone: 613-757-3659 www.griffithfarm.ca

NUMBER 4

Ottawa Valley Business

Subscribe for free to the Ottawa Valley's business news. Twice a month delivered to your inbox. admin@ovbusiness.com www.ovbusiness.com

NUMBER 5

OVJobs.ca

Everyone is hiring these days, but what do jobs really offer? Postings on www.ovjobs.ca offer more details on local jobs that employers invest in to attract the right candidates. Follow our Facebook page to receive updates on your timeline or bookmark our website. www.facebook.com/ovjobs www.ovjobs.ca

NUMBER 6

Whitewater Forge

I am a registered apprentice with the American Bladesmith Society. My work is made to last for generations. Please feel free to contact us for more information or a free quote on custom work. Visit our website for a variety of products. www.facebook.com/whitewaterforge www.whitewaterforge.ca

NUMBER 7

New Artwork

Runge Stationers has received some new spring artwork and decor items! Stop in and see what has arrived and pick something great for your home, business or as a gift. (Mother's Day is fast approaching!) Stationery, office supplies and more. Free parking and entrance at the back of the store. 243 Pembroke Street West Downtown Pembroke

NUMBER 8

Creative Aging

Renfrew Public Library is launching our Creative Aging Program to encourage health and wellness through creativity! Cooking, painting or moving through dance, Creative Aging promotes connection and the lifelong relationships. Sessions run May to December 2022. Phone: 613-432-8151 ekrosse@renfrewlibrary.ca

NUMBER 9

Volunteers Needed

Whitewater Region is looking for volunteers for the tourist booth located at Veterans Memorial Park this summer. A great opportunity for high school students, retired residents or anyone looking to meet people travelling through our region. We are hoping to open the tourist booth in early June from 10:00am to 4:00pm. Phone: 613-646-2282 ext. 121 dready@whitewaterregion.ca

NUMBER 10

Pembroke Golf Club

Come celebrate with us this summer! The Pembroke Golf Club is turning 100 years old! 18 holes, carts, driving range, full food and beverage and more. Book your tee time. Plus pick up some of our commemorative items! Phone: 613-732-1665 www.pembrokegolfclub.ca

NUMBER 11

Lifeguarding Course

The City of Pembroke is offering the National Lifeguard Course in a blended online-pool opportunity. Must be 15 years of age or older, have Bronze Cross and Standard First Aid CPR-C. \$220. Course dates are April 29 and 30; May 1, 6, 7 and 8. Kinsmen Pool, Pembroke Phone: 613-735-6821 x.1506

NUMBER 12

Buy A Foot Of Runway

The Pembroke & Area Airport has a campaign to repave the 54-year-old runway and we need your help! Buy a foot of runway for \$250 (charitable receipt included) and help us reach the goal of repaving 5,000 feet (one mile) of the region's certified airport runway. A great gift! Phone: 613-687-5300 www.flycyta.ca

NUMBER 13

Free Archery Classes

Combermere Archery and Conservation Club is offering free archery classes to young archers, aged 8 to 18 years. All equipment is supplied. Tuesday, Wednesday or Thursday. One hour per week, 6:30pm-7:30pm. Taught under the National Archery in the Schools Program. combermere_archery@hotmail.com

NUMBER 14

Beachburg Milano's

Visit us in Beachburg for daily specials, pizza, chicken, subs, donairs, wraps, wings, garlic bread, salads, nachos and more. Open Monday to Wednesday (1:00am-8:00pm), Thursday-Friday (7:00am-9:00pm), Saturday (7:30am-9:00pm) and Sunday (8:00am-8:00pm). 1824 Beachburg Rd, Beachburg www.facebook.com/beachburgmilanos

NUMBER 15

Negi Indian Cuisine

My specialty is Indian Asian fusion cuisine. All our dishes are home made by master chef Manvirendra Negi using only the finest seasonal fresh ingredients. Visit our website and Facebook page to see our menu and dining options. Located at 60 Madawaska Street in Arnprior. www.facebook.com/negiindian www.negiindiancuisine.com

NUMBER 16

ATV Rider Course

The one day CASI ATV RiderCourseSM is intended for an audience of youth and adults of all skill levels and experience. As a club-run community service with volunteer instructors, all proceeds from our ATV training series are re-invested directly into our Trail Warden and Trail Safety programs. Register online. www.renfrewcountyatv.ca

NUMBER 17**Home Office Workers**

If you're working more often from your home office, you might need some help on setting up your workplace for a more permanent situation. Visit Runge Stationers for office desks, chairs, storage and supplies. Free delivery! Free parking and entrance at the back of the store. 243 Pembroke Street West Downtown Pembroke

NUMBER 18**The Rusty Lantern**

Amazing local artisans all under one roof. An indoor local market, craft show, art gallery, farmers' market all in one spot! Honeys, loose leaf teas, maple syrup, fresh baked butter tarts, chip dips, soaps, bath bombs, skin care, natural laundry products, men's beard care. 111 Bonnechere St.w., Eganville www.facebook.com/rustylanternbarnboutique

NUMBER 19**Lumbertown Ale House**

Lumbertown is Arnprior's only gastropub. Proud member's of Feast On we locally source the majority of our food and drink. We feature 20 craft beer taps, 2 wines on tap, a seasonal menu, scratch kitchen and a cozy atmosphere. 123 John St. N., Arnprior. www.lumbertownalehouse.ca

NUMBER 20**Catering 10-200**

Griffith Farm & Market offers catering services for small and large groups. Great for meetings, family gatherings, celebrations and events. We can customize a catering order to suit your needs. Delivery available or you can pick up at the farm. Give us a call to discuss your catering needs and menu options. Phone: 613-757-3659 www.griffithfarm.ca

NUMBER 21**Welcome To The Fort**

Opening day is coming but you can still make reservations for our cottages, cabins or RV spots. See the details online. Restaurant offers breakfasts, sandwiches, hot meals, burgers, daily specials and more. 7 Perrault Road in Sheenboro, Quebec. welcometothefort@gmail.com www.welcometothefort.ca

APRIL EVENTS**NUMBER 22****April 22, 2022**

Seniors Social Club at the Petawawa Public Library. 10:00am. Refreshments, chat and playing some games. We'll also be exploring technology basics. Bring your own device to learn the fundamentals of email and social media. This is a drop-in program, but you can email us to let us know if you're coming. Phone: 613-687-2227 outreach@petawawapubliclibrary.ca

NUMBER 23**April 23, 2022**

Comedy Hypnotist, the Incredible Boris Chernia performs at the Rocky Mountain House in Renfrew. Come get hypnotized or enjoy the food and a night out with friends! 8:00pm. Tickets must be purchased in advance. See our Facebook page for more details. www.facebook.com/TheRockyMountainHouse/ www.therockymountainhouse.com

NUMBER 24**April 23, 2022**

Big, Big, Really Big Breakfast Buffet. 7:30am-10:30am. Admission is as follows: adults: \$12, students ages 5-10: \$6, children age 4 and younger: free. Pancakes, sausage, bacon, home fries, scrambled eggs, muffins, toast, coffee/tea, juice. Beachburg Arena & Lions Hall 14 Caroline Street, Beachburg

NUMBER 25**April 24, 2022**

Melissa's 5th Annual Mother's Day Craft & Vendor Show. 10:00am-3:00pm. This show is taking place at the Petawawa Legion, located at 3583 Petawawa Boulevard in Petawawa. Plenty of parking.

NUMBER 26**April 25, 2022**

Gardening Mechanics. Navigate stairs and chairs, lifting and carrying safely, bending and hinging pain-free, home program for soreness. Certified Athletic Therapist Victoria Cleary will be helping you stay active and pain-free this gardening season! 1:00pm-4:00pm. Eganville Legion. Pre-register. \$16.50 admission. darleytricia@gmail.com

NUMBER 27**April 26, 2022**

BLR Township and CRC Senior Active Living Centre present the BLR seniors April lunch. Vegetable soup, egg salad sandwich, coleslaw and dessert. Doors open at 11:30am. Lunch served at 12:00pm. To reserve call the township by April 21st. BLR Community Centre Phone: 613-758-2061

NUMBER 28**April 29, 2022**

Deadline to apply for the Ontario Sport Network grants. One-time application-based relief fund targeting community level sport and recreation organizations, clubs, teams, leagues, and associations that have sustained losses due to COVID-19. www.ontariosportnetwork.ca

NUMBER 29**April 30, 2022**

The Spring Edition of Health Matters magazine has arrived! Distribution throughout Renfrew County starts today. Pick up your copy at a favourite store or healthcare service. www.ovhealth.ca

NUMBER 30**April 30, 2022**

Community consultations to support the inquest into the murders of Carol Culleton, Anastasia Kuzyk and Nathalie Warmerdam. An opportunity for community voices to be part of the inquest process. 1:30pm-3:30pm. Community Resource Centre, North Room. Ideas can be shared online. 15 Lake Street, Killaloe www.wsac.ca

NUMBER 31**April 30, 2022**

Petawawa Presbyterian Church rummage sale. 9:00am-Noon. Wheelchair accessible. Masks must be worn inside. Come out and get some great finds. 24 Ethel Street, Petawawa petawawapc.minister@gmail.com

NUMBER 32**April 30, 2022**

Deadline to order and support Heather Kilius as she represents Canada on the world stage at the WKSF World Championships in Portugal. T-shirts, women's racer back tanks and toddler-youth sizes available. \$20 each. www.facebook.com/heather.kilius

NUMBER 33**April 30, 2022**

Trivia Night. Bring your family, friends, work colleagues and enjoy a night of fun testing your knowledge of Canada, sports, history, music and more! Doors and bar open at 6:00pm. Trivia starts at 7:00pm. \$30/team of up to 6. Pre-register by April 20 to be entered to win a prize! Horton Community Centre. 1005 Castleford Road. Phone: 613-432-6271 recreation@hortontownship.ca

MAY EVENTS**NUMBER 34****May 1, 2022**

The Township of McNab Braeside presents a Mother's Day Pancake Breakfast. Breakfast is held from 9:00am to 10:30am. Location is the Murray Yantha Community Centre, 2473 Russett Drive in Arnprior. \$7 per person. Come out and celebrate mom! Book your table now. Phone: 613-623-5756 x.232 jfraser@mcnabbraeside.com

NUMBER 35**May 1, 2022**

Join us for the ASCD Rescue Paint Night. ASCD Rescue is a non-profit animal rescue with services throughout the Ottawa Valley. Our goal is to capture stray cats, provide vet care, rehabilitate them in a foster home and adopt them out to loving families. Join our paint night for \$40 at Uptown Resto Bar in Arnprior. 129 John Street North, Arnprior ascdrescue@outlook.com

NUMBER 36**May 1, 2022**

Hike for Hospice Renfrew. Registration 12:30pm. Hike starts at 2:00pm. We depart from Hospice Renfrew, 49 Albert Street, Renfrew. Available routes are 3km or 5km walk. Pledge forms are available at Aikenheads, Eganville Leader or Hospice Renfrew website. Draws and prizes. Rain or shine. Thank you to our lead sponsors Canadian Tire in Renfrew, Canadian Tire in Pembroke as well as Aikenheads Pharma Choice in Renfrew. www.hospicerenfrew.ca

NUMBER 37**May 2, 2022**

Community consultations to support the inquest into the murders of Carol Culleton, Anastasia Kuzyk and Nathalie Warmerdam. An opportunity for community voices to be part of the inquest process. 2:00pm-4:00pm. Cobden Legion Upper Hall. Ideas and suggestions can also be shared online. 43A Main Street in Cobden. www.wsac.ca

NUMBER 38**May 2, 2022**

Nomination and registration period begins for Ontario municipal elections. Election takes place October 24 but you can register as a candidate starting today. Find out the election details from your municipality or visit www.amcto.com for resources to download.

NUMBER 39**May 2, 2022**

Community consultations to support the inquest into the murders of Carol Culleton, Anastasia Kuzyk and Nathalie Warmerdam. An opportunity for community voices to be part of the inquest process. 5:30pm-7:30pm. Pembroke Public Library Board room. Ideas and suggestions can also be shared online. 237 Victoria Street, Pembroke www.wsac.ca

NUMBER 40**May 2, 2022**

Ottawa Valley Business reminds you that today is the tax filing deadline for individuals. See your local bookkeeper, accountant or tax preparer to be sure you navigate any pandemic funding appropriately.

NUMBER 41**May 3, 2022**

Community consultations to support the inquest into the murders of Carol Culleton, Anastasia Kuzyk and Nathalie Warmerdam. An opportunity for community voices to be part of the inquest process. 2:00pm-4:00pm. Bonnechere Union Public Library in Eganville. Ideas and suggestions can also be shared online. 74-A Maple Street, Eganville www.wsac.ca

NUMBER 42**May 4, 2022**

Looking for an opportunity to explore your creative side, but need a little help? Join us at the library for Guided Craft Hour. We'll provide the materials and some instructions so you can craft and have fun! Registration is required. 6:00pm. Rotary Room at Petawawa Civic Centre. Today's class: The Basics of Acrylic Painting. Phone: 613-687-2227 outreach@petawawapubliclibrary.ca

NUMBER 43**May 5, 2022**

Mother's Day Lunch at the Galilee Centre, Arnprior. \$20 per person. 12:00pm. Reservations required. Chicken with white wine sauce and long grain wild rice, garden salad, glazed carrots, rolls, lemon meringue pie. Served with tea or coffee. Phone: 613-623-4242 x21 info@galileecentre.com

NUMBER 44**May 6, 2022**

Need a last-minute gift for mom? Visit Runge Stationers in Downtown Pembroke for home decor items, artwork, furniture, women's clothing, accessories or a gift certificate. Mother's Day is May 8th! Free parking and entrance at the back of the store. 243 Pembroke Street West Downtown Pembroke

NUMBER 45**May 7, 2022**

Cheerfully Made Spring Market 2022. Almonte Community Centre, 182 Bridge Street in Almonte. \$5. Kids under age 14 are free Free parking. www.facebook.com/cheerfullymade www.cheerfullymade.com

NUMBER 46**May 7, 2022**

Spring Chicken Race is back! Beachburg Off Road Cycling Association. 32km or 60km course. 10th year of the event. Register in advance online. Post race BBQ included. www.borcatrails.com

NUMBER 47**May 7, 2022**

Valley Animal Rescue Mother's Day Bake Sale. Proceeds go to the vetting and care of our fosters at Valley Animal Rescue. 12:00pm. The Warehouse 57 Raglan Street South, Renfrew

NUMBER 48**May 7, 2022**

6th Annual Gun and Sportsman Show. Hosted by Madawaska Valley Fish & Game Club. \$6 admission. Brudenell, Lyndoch and Raglan Community Centre and Arena, 22 Burnt Bridge Road in Palmer Rapids. Phone: 613-758-2222 jonarutledge6@gmail.com

NUMBER 49**May 7-8, 2022**

Four times a year, Canadian residents can fish in Ontario for free. This means you do not need to buy a fishing licence if you want to fish during this weekend. Free fishing periods remind us of the value of Ontario's recreational fishery, and the importance of keeping it healthy for future generations. www.ontario.ca/page/free-family-fishing

NUMBER 50**May 8, 2022**

Dacre & Area Community Centre Fish Fry. Taking place from 4:00pm to 6:00pm. Advance tickets sold at Gourleys Variety on Highway 132 for \$15 or \$17 at the door. Kids under 12 are \$10. Salads and desserts will also be served. Options include sit down or take-out. 111 Flat Road, Dacre

NUMBER 51**May 13, 2022**

Deadline for nominations for Admaston Bromley awards. Senior of the Year, Youth Citizen of the Year and Citizen of the Year. Send a letter detailing why you are nominating the individual for an award. Individuals chosen will be awarded July 1st. Phone: 613-432-2885 info@admastonbromley.com

NUMBER 52**May 14, 2022**

Raglan Four Seasons Park ATV Run. Trail begins at Trout Lake off Highway 28 near Hardwood Lake. Registration 10:00am-12:00pm. \$10 per hand. There are prizes for the top three hands. Hotdogs, hamburgers and pop will be sold at Trout Lake. Even is being held weather permitting. Call Marlene or Susan below. Phone: 613-758-2670 Phone: 613-758-1073

NUMBER 53**May 14, 2022**

Celebrate Valley Artisan's 35th anniversary with a fundraising art event for the Canadian Parks and Wilderness Society. Journey Through the Dumoine River. Free entry. Lunch available. Family-friendly. 12:00pm-3:00pm. 33373 Highway 17 in Deep River. Event is supported by Ontario's Highlands. info@valleyartisans.com www.valleyartisans.com

NUMBER 54**May 14, 2022**

Pembroke Community Expo. May 12 from 4:00pm-8:00pm. May 14 from 10:00am to 3:00pm. Free to attend. Held at the Pembroke Memorial Centre. Search us online or contact Downtown Pembroke for more. www.downtownpembroke.ca

NUMBER 55**May 14, 2022**

Eastern Ontario's Horse Auction of Choice. Select consignment auction of light horses, draft horses, ponies, mini horses, donkeys, mules, horse tack, harness, carriages, sleighs and horse drawn items! Renfrew Pontiac Livestock 18156 Highway 17, Cobden

NUMBER 56**May 18, 2022**

Greater Arnprior Chamber of Commerce Business Achievement Awards. 5:00pm. Sponsored by Sullivan. Tickets available via the website or email for more info. Nominations now open for awards categories. Held at the Nick Smith Centre. info@gacc.ca www.gacc.ca

NUMBER 57**May 20, 2022**

The Skylight Drive-In in Pembroke - opening day! Located at 199 Forest Lea Road in Pembroke. Visit our website for prices and upcoming movie schedule. www.skylightdrivein.com

NUMBER 58**May 21, 2022**

So Hard Done By: A tribute to the Tragically Hip. Held at Lasso Live. \$10 tickets (advance). \$15 tickets (door). 163 Pembroke Street West Downtown Pembroke

NUMBER 59**May 21, 2020**

Opening day at the Cobden Farmers' Market. 8:00am-12:00pm. We run until October. Cobden Fairgrounds. cobdenfarmersmarket@gmail.com

NUMBER 60**May 21-22, 2022**

Deep River GEEKFEST. Held at the Deep River Arena. If you have never been, this is the year to go! Follow the updates: www.facebook.com/deeprivergeekfest deeprivergeekfest@gmail.com

NUMBER 61**May 22, 2022**

2nd Annual Hello Spring Craft & Vendor Show. Held at the Royal Canadian Legion in Pembroke. 10:00am-4:00pm. To be a vendor, contact Crystal Simms. Phone: 343-369-4860 crystalsimms14@gmail.com

NUMBER 62**May 27, 2022**

Madawaska Valley Association for Community Living is hosting an all-skill level baseball tournament. This is a non-competitive event. Spectators are welcome. Held at the Paul J Yakabuski Arena. Register your team by May 11th. Contact us for more details. Phone: 613-756-3817 x.206 mbrotton@mvacl.ca

NUMBER 63**May 27, 2022**

The Cobden Ag Society presents Ladies Night Out. Held at the Cobden Agricultural Hall. Cocktails at 6:00pm. Supper at 7:00pm. This is an age of majority event. Get the squad together! It's time to relax & have a good time with the girls! Music, door prizes and more. visit our Facebook page. www.facebook.com/cobdenfair

NUMBER 64**May 28, 2022**

Spring Market. Homemade and home grown. Held from 9:00am to 2:00pm. Plants, baking art work, handmade goods and more. Socially distanced outdoor vendors. Plus, take-out boxed lunch (hamburger or hotdog). Vendors welcome! To register as a vendor call 613-432-5452. Renfrew Presbyterian Church 460 Raglan St. S., Renfrew

NUMBER 65**May 28-29, 2022**

Pembroke Log Cabin Quilters presents their Quilt Show 2022. A Symphony of Colour. Quilts of all size to enjoy. Raffle quilts, vendors, scissor sharpening, Tea Room and a shopper's boutique. May 28 (10:00am-5:00pm) May 29 (10:00am-3:00pm). Petawawa Civic Centre 16 Civic Centre Road, Petawawa

NUMBER 66**May 29, 2022**

Renfrew County ATV is offering its first Recreational Off-Highway Vehicle Association, ROV Basic Driver Course. Held at KeyMac Motorsports, 1321 Pembroke Street East in Pembroke. \$133.63. www.renfrewcountyatv.ca

NUMBER 67**May 29, 2022**

Arnprior & Area Lions Club-Pet Valu Walk for Dog Guides. Robert Simpson Park in Arnprior. 11:00am-2:00pm. Organize your own team or sponsor a team. www.walkfordogguides.com

NUMBER 68**May 30, 2022**

It's myFM golf day at Whitetail Golf Club in Eganville. 18 holes and a cart is just \$35.00. www.whitetailgolfclub.ca

JUNE EVENTS**NUMBER 69****June Ranch Tours**

We invite you to bring your class for an educational and fun spring and early summer tour to Hugli's Blueberry Ranch in Pembroke. Our interactive tours are suitable for nursery school to Grade 3 students. \$7 per student. 10:00am-12:00pm or 12:30pm-2:30pm. Phone: 613-638-1288 info@blueberryranch.ca

NUMBER 70**June 1, 2022**

Looking for an opportunity to explore your creative side? Join us for Guided Craft Hour. We'll provide materials and some instructions so you can craft and have fun! Registration is required. 6:00pm. Rotary Room at Petawawa Civic Centre. Class: DIY Summer Party Decor. Phone: 613-687-2227 outreach@petawawapubliclibrary.ca

NUMBER 71**June 2-September 1, 2022**

Every Thursday evening we are hosting an evening market at Forest Cover Farm in Chalk River. 5:30pm-8:30pm. Vendors welcome. Visit our website for more details or reach out to us. Phone: 613-281-0688 www.forestcovefarm.ca

NUMBER 72**June 2, 2022**

Ontario Provincial Election Day. Find out who you can vote for, where you can vote and what you need to bring to vote. Visit www.elections.on.ca

NUMBER 73**June 4, 2022**

Wellness Expo in Barry's Bay. Tables are \$40. Proceeds to the Barry's Bay RecCommittee. 10:00am-4:00pm. Held at the Paul J. Yakabuski Community Centre. Contact Helen Benn. Phone: 613-756-1156 www.helenbenn.com

NUMBER 74**June 10, 2022**

Ottawa Valley Thunder Hockey Association golf tournament. Pembroke Golf Club. \$75/person or \$300/foursome. 4:00pm shotgun. 9 holes, cart and steak or chicken dinner. Silent auction, 50-50 and team prizes. Proceeds to purchase new team jerseys. Register by May 27th. president@girlshockey.ca

NUMBER 75**June 10-11, 2022**

Community Clinic Day. Hands is offering free, two-day intensive Community Clinic Days for families of youth with autism. Day 1 seminars at 1:00pm and 3:30pm. Day two seminars at 9:00pm and 12:00pm. 223 Pembroke St. W., in Pembroke. Phone: 1-800-668-8555 x. 1333 www.thefamilyhelpnetwork.ca

NUMBER 76**June 18, 2022**

Westmeath & District Recreation Association annual golf tournament. Oaks of Cobden golf club. \$100 per player includes golf, cart, dinner and prizes. Registration at 11:00am. Shotgun start at 12:00pm. Contact Beth Ethier to register. Proceeds go to the recreation association. All are welcome. Phone: 613-587-4294 wrda@nrtc.onet

NUMBER 77**June 18-19, 2022**

Four times a year, Canadian residents can fish in Ontario for free. You do not need a licence to fish during this weekend. Free fishing periods remind us of the value of Ontario's recreational fishery and keeping it healthy. www.ontario.ca/page/free-family-fishing

NUMBER 78**June 19, 2022**

Dads can be hard to shop for. If you have a dad who works from home, a gift certificate or office item from Runge Stationers can be the perfect gift. Cabinets, desks, chairs, stationery and storage! Free parking and entrance at the back of the store. 243 Pembroke Street West Downtown Pembroke

NUMBER 79**June 20, 2022**

It's myFM golf day at Whitetail Golf Club in Eganville. 18 holes and a cart is just \$35.00. www.whitetailgolfclub.ca

NUMBER 80**June 28, 2022**

Deadline to list your event or happening in our Summer Edition of 101 Things to Do in the Valley. \$25 per listing or five listings in the same issue for \$100. Issue publishes July 5th. 101things@travellourbackyard.com

JULY EVENTS**NUMBER 81****June 30-July 3, 2022**

The Town of Petawawa is celebrating the 25th anniversary of amalgamation. Activities for all residents have been planned each day of these celebrations including traditional Canada Day activities on July 1st. Stay informed of the daily activities through the municipal website at www.petawawa.ca Phone: 613-687-5678 ext. 2102 ccoyle@petawawa.ca

NUMBER 82**July Summer Camps**

Camp Lutherlyn summer camps in 2022! July 10-15, July 17-22 and July 25-29 (Children's Overnight Camps); Leaders In Training Camp is July 3-29 (no weekends). Swimming, crafts, canoeing, games, campfires. info@lutherlyncamp.ca www.lutherlyncamp.ca

NUMBER 83

July 1, 2022

Deadline to book into the Summer Edition of Health Matters magazine. Writing and design help included in the cost of your advertising. Phone: 613-732-7774 behealthy@ovhealth.ca

NUMBER 84

July 2, 2022

An open air craft and vendor show. 10:00am-3:00pm. Locally-produced, handmade and handcrafted vendors will be displaying their products throughout the tree canopy, at the Kin Hut, adjacent to the Rotary ball diamond. Looking to sign up as a vendor or learn more? Check out the municipal website at www.petawawa.ca

NUMBER 85

July 2-10, 2022

Four times a year, Canadian residents can fish in Ontario for free. You do not need to buy a licence to fish this week. www.ontario.ca/page/free-family-fishing

NUMBER 86

July 3, 2022

The Petawawa Business Advisory Network is hosting a Community Picnic. 11:00am-2:00pm. Three different municipal parks. Food available for purchase. Lunch participants will receive a beautiful 50x60 buffalo plaid picnic blanket. Each picnic site will have sponsor-themed activities (live music, gift draws, activities, etc.) More information at www.petawawa.ca Phone: 613-687-5536 ext. 2021 cmitchell@petawawa.ca

NUMBER 87

July 3-8, 2022

Zion Hill Camp, Children's Camp 1 for ages 10-12. Phone: 613-433-4734 zionhillkidscamp@gmail.com

NUMBER 88

July 4-8, 2022

BGC Pembroke summer day camp. Superhero Training! \$175 for the week or \$35 per day. 8:30am-4:30pm. Ages 4-13. Extended hours for drop-off (7:30am) or pick-up (5:30pm) are available for \$5 per day. Visit our website or call for details. Phone: 613-735-1933 www.boysandgirlsclubofpembroke.org

NUMBER 89

July 7-10, 2022

We are happy to be back! 2022 Renfrew Bluegrass Festival. Ma-te-Way Park in Renfrew. The Grascals, Woodsmoke, The Barrel Boys, CR5 Bluegrass, Nothin' Fancy, The Northern Sons. Search us on Facebook for more details. Phone: 613-432-4848 info@renfrew.ca

NUMBER 90

July 10-15, 2022

Zion Hill Camp, Children's Camp 2 for ages 7-9. Email or call for more details. Phone: 613-433-4734 zionhillkidscamp@gmail.com

NUMBER 91

July 11-15, 2022

BGC Pembroke summer day camp. The Big Screen! \$175 for the week or \$35 per day. 8:30am-4:30pm. Ages 4-13. Extended hours for drop-off (7:30am) or pick-up (5:30pm) are available for \$5 per day. Visit our website or call for details. Phone: 613-735-1933 www.boysandgirlsclubofpembroke.org

NUMBER 92

July 15-17, 2022

Madawaska Valley Studio Tour. 30th anniversary. Summer tour. 10:00am-5:00pm daily. We have special projects planned in addition to the self-guided tours: anniversary exhibition, special edition Studio Tour sketchbooks and gift cards and a program to support and mentor youth by including youth guests at select studios. www.facebook.com/madawaskastudiotour www.madawaskastudiotour.com

NUMBER 93

July 17-24, 2022

Zion Hill Camp, Family Camp. Call or email us for details. Phone: 613-433-4734 zionhillkidscamp@gmail.com

NUMBER 94

July 18-22, 2022

Zion Hill Camp, Day Camp for children aged 4-11. Activities, crafts, great chapel times. 9:00am-12:00pm, Monday to Friday. Lunch is not included. You must register for this camp in advance. Phone: 613-433-4734 zionhillkidscamp@gmail.com

NUMBER 95

July 18-22, 2022

BGC Pembroke summer day camp. Challenge Yourself! \$175 for the week or \$35 per day. 8:30am-4:30pm. Ages 4-13. Extended hours for drop-off (7:30am) or pick-up (5:30pm) are available for \$5 per day. Visit our website or call for details. Phone: 613-735-1933 www.boysandgirlsclubofpembroke.org

NUMBER 96

July 25-29, 2022

BGC Pembroke summer day camp. Challenge Yourself! \$175 for the week or \$35 per day. 8:30am-4:30pm. Ages 4-13. Extended hours for drop-off (7:30am) or pick-up (5:30pm) are available for \$5 per day. Visit our website or call for details. Phone: 613-735-1933 www.boysandgirlsclubofpembroke.org

NUMBER 97

July 23, 2022

Loggers Day in Algonquin Park. Join us for this highly entertaining and educational day when the Algonquin Logging Museum comes to life. Take in the demonstrations around the Logging Museum and try the old-time loggers' lunch. It's a great Ottawa Valley experience! 10:00am-3:00pm. www.algonquinpark.on.ca

NUMBER 98

July 31, 2022

Register by today for the 2022 Tour de Bonnechere and get a free t-shirt! The event takes place on August 28 and you can register until then as well. This year we are having both an in-person and virtual ride. Funds raised support the Renfrew County Mental Health and Addiction Treatment Planning Table. Visit us on Facebook for details: www.facebook.com/TourdeBonnechere tourdebonnechere@gmail.com

AUGUST EVENTS**NUMBER 99**

July 31-August 6, 2022
Zion Hill Camp, Youth Camp for ages 13 to grade 12. Call or email us for the full camp details. You must register in advance. Phone: 613-433-4734 zionhillkidscamp@gmail.com

NUMBER 100

August 4-14, 2022

Save the date! Water and Dirt Festival, presented by Canadian Nuclear Laboratories. This event adds land-based outdoor adventure sports to popular water-based sports. Partnership between Petawawa, Pembroke, Laurentian Valley and North Algonia Wilberforce. Mountain bike racing, skateboarding, whitewater kayaking, BMX, cross country running, demos, clinics, kids' races, great food and performances. Phone: 613-687-5678 ext. 2102 ccoyle@petawawa.ca

NUMBER 101

August 21, 2022

Jason Blaine Country Girl Women's Golf Day is back for a second year at the Pembroke Golf Club. 9 holes, cart, appetizers on every hole and an after-golf social. Swag bag for every golfer! Raffles and more. \$100 per golfer. Register as a foursome or individually. jenn@fwdthink.net

