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Questions? Call 613-732-7774 or behealthy@ovhealth.ca

Issue No. 262 Published by: Forward Thinking September 17, 2019

Fun Facts for the Federal Election Some history into the local ridings and elections overall

By: Jennifer Layman jenn@ovbusiness.com

Canada's 43rd federal election is just over a month away. To help you get psyched up for it, here are some interesting finds from the Elections Canada website!

Legit Political Parties

There are 15 registered political parties in Canada. They are: Animal Protection Party of Canada, Bloc Québécois, Christian Heritage Party of Canada, Communist Party of Canada, Conservative Party of Canada, Green Party of Canada, Liberal Party of Canada, Libertarian Party of Canada, Marijuana Party, Marxist-Leninist Party of Canada, National Citizens Alliance of Canada, New Democratic Party, Parti Rhinocéros Party, People's Party of Canada and the Progressive Canadian Party.

New Ballots

Voters will have a new ballot in the 2019 election. Debuted in a by-election in Leeds–Grenville–Thousand



Islands and Rideau Lakes, the new ballot will be two inches wider so it is easier to handle. The background will be grey instead of black and the font will be larger to make it easier to read. Dots will be replaced by dashes so that the ballot is more easily read by screen readers.

Advance Poll News

In the 2015 election, there was a 75 per cent increase in people who voted at advance polls. This year, advance poll times will be extended to allow more time for people to vote in advance. Polls will be open from 9:00am to 9:00pm.

For Renfrew-Nipissing-Pembroke and Lanark-Frontenac-Kingston, advance polls will take place October 11-14, 2019. Election day is October 21, 2019.

Sub-Populations With Barriers to Voting

Elections Canada conducts a voter information campaign to encourage sub-populations with low voter turnout to vote. Sub-populations who have been determined to face barriers to voting, and the percentage of the population they encompass, include: youth aged 18-24 (8.8%), post-secondary students

(5.8%), seniors 65+ (16.9%), living in a healthcare-related facility (1.2%), Indigenous people (4.8%), Canadian citizens through naturalization (16.3%), new Canadians acquiring citizenship between 2012-2016 (2.6%), Canadians with disabilities (17.8%) and homeless people (0.7%).

RNP Candidates

In the 2015 election, there were five candidates in Renfrew-Nipissing-Pembroke. They were: Hector Clouthier (Independent), Chervl Gallant (Conservative). Stefan Klietsch (Green), Jeff Lehoux (Liberal) and Dan McCarthy (NDP). Gallant won with 45.8 per cent of the vote. As of September 16, the current candidate list includes Daniel Criger (Independent), Kumar Dheerendra (Independent), Cheryl Gallant (Conservative) and Ian Pineau (Green). The complete list of confirmed candidates by Elections Canada will be available October 2, 2019.

Continued on Page 3

Fire, Safety and Electrical Services

In an effort to offer an increased service to our community, we are now the region's newest electrical contractor. The electrical component of our business allowed us to provide fire alarm services more efficiently, and service general electrician needs. A full-time master electrician is now on staff and we look forward to expanding our services for the benefit of the community.



Phone: 613-732-5320 joel@laymanfireandsafety.com



Ottawa Valley BUSINESS

ABOUT US

Ottawa Valley Business (OVB) is a twice-monthly publication covering business news and events throughout Renfrew, Lanark and Pontiac counties and surrounding areas. OVB is published by Forward Thinking Marketing Agency.

WHO READS US

Ottawa Valley Business is delivered via email. Our circulation is more than 3,600 people at local and regional businesses, government agencies and organizations.

HOW TO SUBSCRIBE

Subscriptions are free. Email us at admin@ovbusiness.com

ADVERTISING RATES

OVB's target audience is employers and employees. Advertising rates are as follows:

I/8 Page	\$75
1/4 Page	\$150
1/3 Page	\$175
1/2 Page	\$275
2/3 Page	\$325
Full Page	\$475

Regular Advertising Special: Run three ads for the price of two. Run the same ad twice and the third time you run the ad it's free!

Graphic design is included in the price of your ad. If you wish to submit artwork, please ask for our design dimensions.

CONTENT & SUBMISSIONS

We welcome submissions to business-related events, business news, people on the move and tenders. Article suggestions are also welcomed. Content will be edited to fit the space available. If you have an event to promote that is not businessrelated, please consider 101 Things To Do in the Valley at a cost of \$25. 101things@travelourbackyard.com

CONTACT US

Publisher	Jennifer Layman
Emaila	dmin@ovbusiness.com
Phone	613-732-7774
Online	www.ovbusiness.com
www.facebook.com/OVBusiness	

MAILING ADDRESS

2113 Petawawa Boulevard, Pembroke, Ontario K8A 7G8

Events

September 18, 2019

Perth Chamber of Commerce After 5 networking event at The Perth Cheese Shop. 64 Gore Street East, Perth. 5:00pm-7:00pm. Phone: 613-267-3200 or welcome@perthchamber.com

September 18, 2019

Ontrac Women in Business. St. John Parish Hall, Amprior. \$30. Phone: 613-623-4680 or amprior@getontrac.ca

September 18, 2019

Supplying Professional Services to the Government of Canada. Key information to help you bid on professional services opportunities. Webinar. 10:00am-12:00pm EDT. For information: 1-800-811-1148 or ont.osme@pwgsc-tpsgc.gc.ca.

September 18, 2019

Supplying Professional Services to the Government of Canada: One-on-One Webinar. A session for 30 minutes only is available on a first registered, first-served basis. For information: 1-800-668-5378 or ont.osmebpme@pwgsc-tpsgc.gc.ca

September 19, 2019

Business Breakfast with the Smiths Falls & District Chamber of Commerce. 7:30am. With Mayor Shawn Pankow and guest speaker Ted Outerbridge. \$25 includes breakfast. info@smithsfallschamber.ca

September 19, 2019

Doing Business with the Government of Canada. Key information on how to sell to the Government of Canada. Webinar available in French only. 10:00am-12:00pm PDT. For information: 819-953-7878 or TPSGC.PARCNBPME-APNCROSME.PWGSC@tpsgcpwgsc.gc.ca.

September 19, 2019 Business After Hours, hosted by

the Canadian Cancer Society. 5:00pm-7:00pm. 169 William Street, Pembroke.

September 20, 2019

7th Annual Heritage Symposium. Hosted by the Municipal Heritage Committee of Smiths Falls. How to make

best use of heritage assets to promote community building and downtown revitalization. 9:00am-3:00pm, \$20, \$10 per student. Catered lunch included. The Station Theatre, 53 Victoria Street. Register with kgrenke@smithsfalls.ca

September 22, 2019

Doing Business with the Government of Canada. Kev information on how to sell to the Government of Canada. Bayview Yards, 7 Bayview Road, Ottawa. For information: 819-953-7878 or TPSGC.PARCNBPME-APNCROSME.PWGSC@tpsgcpwgsc.gc.ca.

September 24, 2019

Current Employment Standards Information Session. Tyerman & Daughters, Eganville 9:00am-11:30am session and 1:00pm-3:30pm session. Delivered by Jason Bouchard of the Ontario Ministry of Labour. To register call 613-628-1700 or tyerman1@nrtco.net

September 24, 2019

Renfrew & Area Chamber of Commerce Business After Hours. Calabogie Peaks Resort. 5:30pm-8:00pm. Casual networking with local business people and community leaders. RSVP to 613-432-7015 or info@renfrewareachamber.ca

September 25, 2019

Obtaining Security Clearance. How to apply for security clearances. Webinar. 10:00am-12:00pm. Register before September 23. For information: 1-800-811-1148, 1-800-668-5378 or ont.osme@pwgsctpsgc.gc.ca.

October 2, 2019

Business at Breakfast with the Perth Chamber of Commerce. Mex & Co., 55 Gore Street East. Perth. 7:30am-9:00am. \$20 for members. \$25 for non-members. Phone: 613-267-3200 or welcome@perthchamber.com

October 8, 2019

Google Analytics and Google Advertising. 1:00pm-3:00pm. \$20. Small Business Advisory Centre, 91 Cornelia Street West, Entrance B in Smiths Falls. For info: 613-283-7002 x109 or smallbusiness@smallbizcentre.ca

October 10, 2019

Bookkeeping 101: What you need to know to run your

business. 9:00am-12:00pm. \$20. Small Business Advisory Centre, 91 Cornelia Street West. Entrance B in Smiths Falls. For information:

smallbusiness@smallbizcentre.ca or 613-283-7002 ext.109.

October 16, 2019

Duties and Liabilities of Directors and Officers of Charities and NFPs. Understand duties and liabilities to the organization and yourself so that you can comply with those obligations and reduce exposure to liability. Held at Volunteer Ottawa, 815 St. Laurent Boulevard, Ottawa.\$135. For information: Maria Lahiffe at 613-736-5266 or education@volunteerottawa.ca

October 18, 2019

Smiths Falls Chamber of Commerce Gala. Details TBA. Phone: 613-283-1334 or info@smithsfallschamber.ca

October 21, 2019

It's federal election day in Canada! Be sure you are registered and on the voter's list. Visit www.elections.ca and enter your postal code and information on your district will be available, along with frequently asked questions.

October 22, 2019

How to Turn 3-Minute Conversations into Long-Term Relationships, Referrals and Revenue. Michael J. Hughes, North America's Networking Guru. Hosted by the Greater Amprior Chamber of Commerce. Held at Amprior Legion. Breakfast at 8:30am. Speaker at 9:15am. \$25 chamber members. \$35 non-members. Call 613-623-6817 or info@gacc.ca

November 5, 2019

Human Resources 101. Volunteer Ottawa is partnering with Nelligan O'Brien Payne and the Human Resources Professionals Association to offer this condensed course in human resources management. 815 St. Laurent Boulevard, Ottawa.\$135. For info: Maria Lahiffe at 613-736-5266 or education@volunteerottawa.ca

Send your business events to

admin@ovbusiness.com

More Federal Election Facts Appreciating the right to choose in Canada

Continued from Page 1

LFK Candidates

In 2015, there were five candidates in the riding of Lanark-Frontenac-Kingston. They were: Phil Archambault (Liberal), Mark Budd (Libertarian), John Fenik (NDP), Anita Payne (Green) and Scott Reid (Conservative). Reid won with 47.9 per cent of the vote. As of September 16, there are no candidates registered for the riding of Lanark-Frontenac-Kingston.

The complete list of confirmed candidates by Elections Canada will be available October 2, 2019.

Voter Turnout

Voter turnout for the 2015 election was 68.3 per cent. This was the highest turnout since 1993 (69.6%). Canada's highest voter turnout on record was in 1958 when turnout was 79.4 per cent. The lowest turnout was in 1898 at 44.6 per cent (a referendum). Interestingly, the first two times elections were held, in 1867 and 1872, the date of the election spanned several weeks as opposed to one day. In 1867, the election dates were August 7 to September 20. In 1972, the election dates were July 20 to October 12.

Women's Right To Vote

In 1916, Manitoba women were the first to gain the right to vote in provincial elections. Women gained the right to vote

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in 1918 at the federal level. Alberta, Saskatchewan and Manitoba allowed women the right to vote in 1916, followed by British Columbia and Ontario in 1917, Nova Scotia in 1918, New Brunswick in 1919 and Prince Edward Island in 1922. Newfoundland allowed women to vote in 1925 and Quebec got on board in 1940.

Employment Opportunities

Do you want to work for the federal election in your riding? Check out these paying positions.

The Daily Returning Office on polling day will earn \$271.65 for the day, but the Deputy Returning Officer working all

advance polls will earn \$1,014.16. The Polling Clerk on polling day will take home \$247.50 while the same position on advance polling days earns \$924.00. An Information Officer earns \$15 per hour and a Registration Officer earns \$16.50 per hour. The Central Poll Supervisor earns 422.37 per hour plus \$53.25 "for accomplishing specific tasks."

A training session of approximately three hours will be given to all poll workers. Remuneration for the training is \$53.25.

For More Information

For more information on all of this, visit www.elections.ca



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At Music for Young Children®, we encourage children to be more creative, inventive, imaginative and expressive through our keyboard-based music education program. We provide them with a unique set of skills that will stay with them throughout their lives. Whether it's improving their grades, enhancing coordination skills for their athletic activities, or to learn the rewarding skill of playing the piano; MYC® is the first key to getting them there.

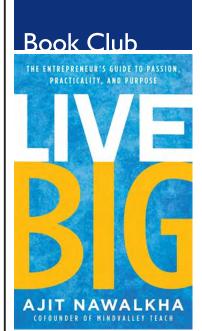
Register now for classes in September!

Space is limited, for more information, please contact:

Anne Smith 613.281.4285 anne.myc@sympatico.ca

591 Black Bay Road, Petawawa





You have the power to accomplish goals, create an impact and live the life you want. The key to achieving what you set out for, in business and in life, doesn't lie in a perfectly executed strategy. The greatest tool you have is your own mindset - it determines your ability to adapt and persevere. And, like any other tool, you can employ it to your advantage.

Most aspiring entrepreneurs think the next business strategy will manifest the life they desire, but successful entrepreneurs know it's the emotional and mental shifts that bring you closer to your goals.

No one is better equipped to explore these shifts than Ajit Nawalkha, co-founder of Mindvalley and one of the world's leading entrepreneurs and business coaches. *In Live Big: A Guide to Passion, Practicality, and Purpose*, Nawalkha shares 25 shifts - changes in your mental, physical, emotional, or even spiritual state - that will propel you on your road to success.

Live Big is the go-to guide for business owners who want to be in a state of flow and creativity, to ensure your passion is backed by purpose and practicality. With principles and foundational thinking habits that allow you to move from a place of defeat and anxiety to one of joy and contribution to humanity, this book serves as a compass to keep moving forward in today's world of entrepreneurship.

Business News Around The Valley

Admaston Bromley Successful With Grant

The Township of Admaston Bromley has been successful in their application for funding under the Rural and Northern funding stream of the Investing in Canada Infrastructure Program. The funding will go to the reconstruction of Kenelly Road. The federal government will commit 60 per cent of eligible costs up to \$673,577.73 and the provincial government is contributing 33.33 per cent of eligible costs up to \$374,172.43.

Billboard Company Recommended For Trail

The Development and Property Committee of the County of Renfrew is recommending that Renfrew County council enter into an agreement with Outfront Media Canada for two billboards on the Algonquin Trail within the Town of Arnprior. Outfront Media produces digital posters, digital superboards, horizontal posters, transit shelters, backlights, superboard sand permanents. They have offices in major cities in Canada including Ottawa.

Shipping Container Decision in Calabogie

The Township of Greater Madawaska is considering a bylaw on the use of shipping containers. The by-law would allow the use of shipping

containers in all zones in the Township but would not permit them in the front or exterior side yards (exterior side yard is the side yard adjacent to a street - as opposed to an interior side yard which is adjacent to an abutting property). Shipping containers would be permitted in rear yards and interior side yards, no closer than 3 metres to a lot line. The by-law also proposes visual screening to block the view from the street or adjacent lot. If council supports the by-law, staff will give notice of a public meeting to be held October 21 where public comments would be welcomed.

Madawaska Valley Will Not Implement Municipal Accommodation Tax

The Township of Madawaska
Valley has decided they will not
support implementing the
Municipal Accommodation Tax
in their municipality. Council
does not wish to put any
additional burden on the local
tourist economy by
implementing the
accommodation tax. They
advised the Ottawa Valley
Tourist Association that they did
not need the organization to
provide a presentation on the
MAT.

North Algona Wilberforce Receives Funding

The Township of North Algona

Wilberforce has received funding from the Investing in Canada Infrastructure Program - Rural and Northern Funding Stream. The municipality will receive \$606,239.30 from the federal government and \$336,765.93 from the provincial government for the rehabilitation of Lett's Cemetery Road.

Sleepwell Earns Community Improvement Grant

The City of Pembroke Planning and Development Committee is recommending that Sleepwell Property Management receive a Community Improvement Plan Grant in the amount of \$5.000. The work is for 71 Pembroke Street West and includes replacing the front door and windows, framing in a new wall for the window design and door, and putting up new signage.

Renfrew Earns Grant

The Town of Renfrew has received \$558,345.35 in combined federal and provincial funding through the Investing in Canada Infrastructure Program (ICIP) – Rural and Northern Funding Stream. The funding will be for the Ross-Arnprior reconstruction project. This represents 83.33% of the total project cost. Design will be completed this fall with construction scheduled for the summer of 2020.

Continued on Page 5

People on the Move

Arthur Smith

Arthur Smith is the new Treasurer for the Town of Deep River. Smiths comes to the municipality from the Town of Bancroft.

Derek Needham

Derek Needham, the Lanark County OPP Detachment Commander has been assigned a new role at the East Region Headquarters. Needham started his new position September 16.

Karuna Padiachi

Karuna Padiachi is the new Interim Detachment Commander for the Lanark County OPP Detachment. Padiachi previously served in Lanark as an Operations Manager in 2015-2016. A competition will take place in the near future to appoint a permanent Commander.

Have you hired someone new to your business or organization?
Let everyone know by submitting to People on the Move.
Submissions are free and can be sent by email to admin@ovbusiness.com



Business News Around The Valley

Continued from Page 4

Apartment Building For Deep River

myFM is reporting that the Town of Deep River has approved a 32-unit apartment building in their municipality. The building will have two-bedroom apartments and will face Montcalm Street. The units will be designed for seniors and are built by TSH Construction.

Movie Filming in Arnprior A movie is filming in Arnprior this week! John Street remained closed after the market for the film production crew who is filming a movie named "Turkey Drop." The filming took place on September 16.

OPG Redevelopment

Ontario Power Generation (OPG) is proposing to redevelop the existing 4 megawatt (MW) Calabogie Generating Station and replace it with a new approximately 11 MW generating station. The existing

Calabogie GS was constructed in 1917 and was at the end of its life in September 2018. It has not operated since that time. The project involves the demolition of the existing powerhouse and forebay inlet structure and the construction of a new powerhouse. The project will result in an increase of slightly over 6 MW of power over the old station. In total 11 MW of power would provide energy for slightly over 11,000 homes. Construction is to begin in 2020.

BLR Office Closes September 18

The Brudenell, Lyndoch and Raglan township office will be closed on Wednesday, September 18 from 8:30am until 1:00pm for staff training.

New Business in Pembroke Nature's Reality Botanical Blends has opened in Pembroke. The business is owned by Darwen and Yvonne Briscoe and uses pure plant extracts and essential oils to create bath and body products. Their grand opening is September 21 from 10:00am to 5:00pm at 526 McGee Street in Pembroke.

Community Support Changes Name

Mills Community Support in Almonte has a new name: Carebridge Community Support. They operate throughout Lanark County providing supports to seniors and adults with developmental disabilities.

Lighting Improvements May Save \$3,700

The Township of Admaston Bromley was contacted with an opportunity for lighting improvements at our municipal sites. The program provides an incentive of up to \$2,000.00 for each eligible site. On August 19th, 2019, a representative from the Small Business Lighting Program performed an audit of our current lighting situation at a number of municipal sites. The representative from the program identified the most important

light fixtures to change at each site, and created improvement scenarios with that information. The lighting improvements are estimated to create a savings of \$3,771.44. The cost of these improvements before HST totalled \$9,739.50, however the municipality will only pay \$65.40 (HST included).

Home Hardware Expansion Smitty's Home Hardware in Pembroke is undergoing an expansion that will allow more lumber to be stored indoors. In addition, an indoor drive-thru lumber yard is part of the design. The expansion will include a 16,000 square foot indoor lumber yard and an additional 4,500 square feet for retail.

Quality Inn Celebrates 10 Years

Gabriele and Hans Feltanzer had a quiet celebration of 10 years in business in Petawawa with Quality Inn and Suites. The hotel recently underwent a remodel.



101 Things To Do in the Valley

NOVEMBER-DECEMEBR ISSUE

Covers events from mid-October to mid-January

This is the issue to cover Remembrance Day ceremonies, kick-off to the winter season, Christmas shopping and holiday events and the New Year! Get your spot today.

101Things@travelourbackyard.com \$25 per listing or 5 listings for \$100



The Showcase the Valley Event will provide riders with a mix of riding experiences that are a trademark of RCATV, focusing on the Barron Canyon trail system (85-90km loop). The ride will start and end at the Pembroke and Area Airport.

OVATV Trail Pass required (one-day pass available on site)

\$30 includes lunch Register at 8:00am | Group 1 leaves at 9:30am

\$15 buffet breakfast available before the run at the Airport! Breakfast by Griffith Farm & Market

For more information: www.renfrewcountyatv.ca

News 10

- 1) A study by Equifax Canada showed that 23 per cent of people in the age group feel it is ok to inflate their income on a mortgage application. What is the age group?
- 2) A NAFTA panel comprised of Canadian and U.S. representatives says there is no evidence that this Canadian industry has harmed the same industry in the U.S.? What is the industry?
- 3) The Rhinoceros Party is running a candidate in the same riding as the People's Party of Canada's leader Maxime Bernier. What is the name of the Rhino party candidate?
- 4) How many people does Canopy Growth employ at their Smiths Falls location?
- 5) Family businesses are responsible for \$574.6 billion in goods and services produced in 2017. What percentage of all private-sector output is produced by family businesses?
- 6) The Toronto Star did an informal survey on whether it was quicker to use a drivethrough or go into the restaurant. What were their results?
- 7) How many federal election seats are up for grabs in Ontario?
- 8) When did the Toronto International Film Festival (TIFF) start?
- 9) The PC party won a majority government in the recent Manitoba election. How many seats are required for a majority and how many did they win?
- 10) U.S. President Donald Trump recently fired John Bolton. What position did Bolton hold in the administration?

Answers on Page 10

Police Reports: Lanark and Renfrew Volunteer checks include extended times

Oaks of Cobden Vandalism Update

The Renfrew OPP investigated an occurrence of criminal mischief at the Oaks of Cobden Golf Course in August. As a result of the investigation, four teens, two each from Whitewater Region and Bonnechere Valley, were charged with mischief over \$5000.

Vulnerable Sector Checks: Renfrew Schools

The Renfrew OPP is extending hours on two days to allow for parents requiring vulnerable sector checks for volunteering at local schools. On September 17, and September 25, the Renfrew OPP detachment is available from 4:00pm to 7:00pm. These extended hours are only for those that will be volunteering at local schools and have the request letter from the school and proper paperwork required. Checks will only be completed for those residing in Renfrew, Arnprior, Admaston Bromley, Horton, McNab Braeside, Greater Madawaska and Whitewater Region.

Vulnerable Sector Checks: Renfrew Minor Hockey

The Renfrew OPP is extending hours on October 1 from 4:00pm to 8:00pm for those requiring vulnerable sector checks for volunteering with minor hockey.

This night will specifically be for checks for minor hockey. Checks will only be completed for those residing in Renfrew, Amprior, Admaston Bromley, Horton, McNab Braeside, Greater Madawaska and Whitewater Region.

Drugs and Weapons Seized On September 4, 2019, officers executed a search warrant for a Bonnechere Valley home and property on Cormac Road and seized more than 100 cannabis plants as well as a large quantity of processed or partially processed cannabis. Officers also seized three prohibited weapons, several firearms and a motorcycle.

Illegal Cannabis

The OPP, the Ottawa Police Service and Smiths Falls Police Service executed multiple search warrants resulting in charges. On September 5, officers searched six locations; five were store fronts for a commercial chain while the other was a warehouse. Officers seized a large quantity of suspected cannabis oil, seeds and a wide variety of contraband cannabis products ranging from lip balms to pet drops. The total value was nearly \$70,000.

Scam Alert

The Upper Ottawa Valley OPP is warning the public that an emergency scam. In recent

weeks police received fraud complaints where the victim receives a frantic phone call or an emergency email from someone claiming to be a friend or relative. The scammer explains they are in an emergency and need money right away. The scammer attempts to create a sense of urgency which may cause the victim to not verify the story. The scammer will often insist that the victim not tell anyone and that the money is transferred through a money transfer company.

Criminal Record Check: Pembroke Minor Hockey

The Upper Ottawa Valley OPP is hosting a criminal record check day for those involved with minor hockey on September 21. There is no fee but applicants must supply a letter of confirmation from the hockey association with which they are volunteering. The record check day is at the Pembroke OPP detachment, 77 International Drive in Pembroke from 8:00am to Noon and 1:00pm to 4:00pm. Applicants must reside in the jurisdiction of the Upper Ottawa Valley OPP detachment.

Renfrew OPP September 3-8, 2019

The Renfrew OPP investigated 234 calls for service during the week of September 3-8, 2019.



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Offer valid all year long. Must be the same ad running three times. Graphic design included in ad price.



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Starter Company Plus Opens Renfrew and Lanark County Programs

Starter Company Plus is a program funded by the Government of Ontario that supports entrepreneurs wanting to start, expand or purchase an existing business. The program is open to Ontarians aged 18 and older.

Through the Starter Company Plus Program participants will receive guidance and support from staff, business training that will focus on business planning fundamentals, cash flow, operations and marketing. Participants will also benefit from mentoring by experienced local entrepreneurs, learning from those who have successfully started and operated businesses in the County. For the leading entrepreneurial business plans, there is an opportunity to submit a separate application into a competitive process where they could be awarded a grant of up to \$5,000 to operate their business.

In Renfrew County, applications are being accepted until September 29, 2019. A mandatory information session must be attended on October 7 or October p. Both sessions run from 10:00am to 12:00pm and are held at the County Administration Building, 9 International Drive in Pembroke.

For more information, contact Kim Fraser at 613-735-8224 or www.enterpriserenfrewcounty.com.

In Lanark County, an

afternoon orientation session is being held September 19 from 3:00pm to 4:00pm and a morning orientation session is being held September 23 from 9:30am to 10:30am. The location for both sessions is the Small Business Advisory Centre, 91 Cornelia Street West in Smiths Falls. For more information, contact Cindy James at 613-283-7002 ext.108 or cjames@smallbizcentre.ca



ANNUAL GENERAL MEETING FREE TO ATTEND | LIGHT REFRESHMENTS, SNACKS SERVED

THURSDAY, SEPTEMBER 26 6:30PM

BEST WESTERN HOTEL PEMBROKE

GUEST SPEAKER KATHARINE VISCARDIS

Katharine Viscardis is a PhD Candidate in the Canadian Studies program at Trent University. She witnessed the horrors of child institutionalization while volunteering in a Bulgarian orphanage in 2010. For her dissertation, Katharine chose the legacy of Canada's first institution designed for children and adults with disabilities, the Huronia Regional Centre.

Katharine's dissertation is a significant contribution

to research, particularly considering current movements of austerity which threaten to reverse the gains made in the movement for deinstitutionalization in Ontario.

PLEASE RSVP

HOLLY TENNIAN | htennian@cluov.ca | 613-735-0659 ext.220



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It's A Fact

\$50/Tonne Carbon Tax Commodity Price Increase

171.89%

Coal

112.10%

Natural Gas

41.85%

Crude oil and bitumen

18.42%

Gasoline

18.07%

Other Fuels

7.54%

Petrochemicals

6.63%

Electricity

5.18%

Seamed and heated or cooled air or water

4.83%

Chemical fertilizers, pesticides and other agricultural chemicals

4.81%

Natural gas liquids and related products

3.17%

Truck transportation services

2.75%

Forestry custom work services

2.60%

Fuel wood

2.47%

Mineral, oil and gas exploration

2.47%

Cement, ready-mixed concrete and concrete products

2.46%

Logs, pulpwood and other forestry products

2.34%

Wood pulp

2.02%

Support services for forestry

Source: Statistics Canada, Fraser Inst.

Tender Results Around The Region

PWC-2019-22 - Reroofing of Southwest Patrol Garage. County of Renfrew.

Amherst Roofing - \$100,120 SimLuc Contractors - \$119,026 Sargeant Const. - \$126,000 Irvcon Limited - \$131,549

PWO-2019-10 – Supply and Delivery of Winter Sand -Goshen & Calabogie Patrol Garages, Arnprior & Greater Madawaska. County of Renfrew.

Barr's Sand/Gravel - \$ 17,200.00 R.G.T. Clouthier - \$149,898.00 Bonnechere Ex. - \$173,810.00 Smiths Const. - \$182,550.00 Thomas Cavanagh - \$201,741.00 ELM Enterprises - \$282,010.00 R.W. Tomlinson - \$440,006.80

PWO-2019-11 – Supply and Delivery of Winter Sand -Cobden Patrol. County of Renfrew.

Barr's Sand/Gravel - \$12,614.00 Eastway Cont. - \$13,736.00 G.P. Splinter - \$14,365.00 Bonnechere Ex. - \$15,198.00 R.J. Selle Sand - \$18,683.00 R.G.T. Clouthier - \$19,618.00 R.W. Tomlinson - \$55,703.90

PWO-2019-12 – Supply and Delivery of Winter Sand -Southwest and Golden Lake Patrols. County of Renfrew.

Eastway Contracting - \$27,187 G.P. Splinter - \$27,415 R.J. Selle - \$37,519 W.W. Siegel - \$37,695 R.G.T. Clouthier - \$40,500 Bonnechere Ex. - \$45,911 **PWO-2019-13 – Supply and** Delivery of Winter Sand -Whitewater Road Patrol. County of Renfrew.

Eastway Contracting - \$6,804 G.P. Splinter - \$10,140 R.G.T. Clouthier - \$12,528 Bonnechere Ex. - \$13,128 R.J. Selle Sand - \$13,788 W.W. Siegel - \$16,400

PWO-2019-18 - Cobden Patrol Yard Storage Dome Foundation Repairs. County of Renfrew.

R.G.T. Clouthier - \$49,060.00 Do-All Const. - \$75,088.00 Corington Eng. - \$96,200.00

PWO-2019-20 - Weed Control. County of Renfrew.

Wagar & Corput - \$14,735.00 Davey Tree Expert - \$28,453.30

PWO-2019-06-Backhoe Loader with Attachments. County of Renfrew.

Reis Equipment - \$173,250 Nortrax - \$174,310 Nortrax - \$178.310 J.R. Brisson - \$183,924 Toromont Cat - \$193,573

PWO-2019-04 – Four Light Duty Pick-up Trucks. County of Renfrew.

Mack MacKenzie - 105,985.00* Fraser Durham - \$141,296.00 Urban Ford Sales - \$147,875.96 Murphy Ford - \$148,046.66 LaPointe Chrysler - \$153,239.00 Butler GM = \$155,912.00*This bid did not bid on a 2wheel drive extended cab

PWC-2019-30 - Construction of Reinforced Concrete Footing for C124 (Cameron Culvert). County of Renfrew. R.G.T. Clouthier - \$83,715.50 Corington Eng. - \$131,980.00 Dalcon Const. - \$143,000.00

PWC-2019-22 – Supply and Delivery of Corrugated Pipe Culverts. County of Renfrew.

E S Hubbell & Sons Submitted - \$104,362.25 Part A, B & C - \$88,214.43 Armtec-Canada Culvert Submitted - \$104,367.28 Part A, B & C - \$88,002.94 **Atlantic Industries** Submitted - \$134,634.31 Part A, B & C - \$114,639.85

PWC-2019-03 – County Structure C041 (Osceola Culvert). County of Renfrew. R.G.T. Clouthier - \$384,521.00 Dalcon Const. - \$397,200.00 Clearwater Struct. - \$635,065.00 Corington Eng. - \$476,617.00

PWC-2019-09 - County Road 65 Rehabilitation. County of Renfrew.

Greenwood - \$509,792.00 H & H Const. - \$588,867.55 Bonnechere Ex. - \$640,452.00 Smiths Const. - \$718,410.70

PWC-2019-13 - County Road 13 (Mountain Road) Hot Mix Paving. County of Renfrew. Greenwood - \$233,820.00

H & H Const. - \$241,955.50 Smiths Const. - \$307,342.80

PWC-2019-15 - County Road 515 (Quadeville Road) Rehabilitation. County of Renfrew.

Greenwood Paving Hot Mix Asphalt - \$399,301.90 Surface Treatment - \$349,933.50 **H&H** Construction Incorporated Hot Mix Asphalt - \$455,917.15 Surface Treatment - \$454,903.99 **Smiths Construction** Hot Mix Asphalt - \$509,578.90 Surface Treatment - \$464,057.00

PWC-2019-01 - County Road 1 (River Road) Reconstruction - Phase 2. County of Renfrew. H & H Const. - \$1,645,895.65 Goldie Mohr - \$1,743,771.00 R.G.T. Clouthier - \$1,832,747.00

Bonnechere Ex. - \$2,281,210.90 Smiths Const. - \$2,476,678.21

Supply of Asphalt Patching Services - Contract # 19-PW-003. Smiths Falls.

National Paving HL3 Mix 50 mm - \$37.75/sqm HL4 Mix50 mm - \$18.00/sqm HL8 Mix50 mm - \$18.00/sqm **Provincial Paving**

HL3 Mix 50 mm - \$46.00/sqm HL4 Mix50 mm - \$34.00/sqm HL8 Mix50 mm - \$34.00/sqm **GOA Paving**

H13 Mix 50 mm - \$50.00/sqm HL4 Mix50 mm - \$15.00/sqm H18 Mix50 mm - \$15.00/sqm

#2019-600-03 - Supply & **Delivery of Health & Safety** Supplies. RCDSB.

This was an invitation-only tender. Corporate Express Canada

Hokum Industrial Supplies Tenaquip Limited

#2019-10 - Supply & Delivery of Goods for Technological **Education Refresh. RCDSB.**

124620 Canada Inc - \$31,501.00 Ottawa Valley Ox. - \$38,375.13 Universal Supply - \$96,784.71

#2019-31 - Accessibility Upgrades at Cobden Public School, RCDSB,

Wade Contracting - \$226,000.00 Frecon Const. - \$253,000.00

Jp2g Contract No. 19-5017A -Site Improvements at Various RCDSB Locations. RCDSB.

H and H Construction Inc. Central PS - \$27,957.53 Opeongo HS - \$60,754.95 Queen Elizabeth A - \$10,574.90 Queen Elizabeth B - \$12,176.90 Queen Elizabeth C - \$12,322.39 Oueen Elizabeth D - \$9,715.48 Queen Elizabeth E - \$1,794.47 Greenwood Paving Central PS - \$47,364.00 Opeongo HS - \$91,112.60 Oueen Elizabeth A - \$13,130.40 Oueen Elizabeth B - \$20,303.60 Queen Elizabeth C - \$19,693.60 Queen Elizabeth D - \$16,476.00 Queen Elizabeth E - \$5,600.00 R.G.T. Clouthier Construction Central PS - \$41,428.00 Opeongo HS - \$91,083.00 Queen Elizabeth A - \$16,748.00 Oueen Elizabeth B - \$17,590.00 Oueen Elizabeth C - \$18,403.00 Queen Elizabeth D - \$14,725.00 Queen Elizabeth E - \$4,611.00 Smiths Construction Central PS - \$47,250.10 Opeongo HS - \$95,782.55 Queen Elizabeth A - No Bid Oueen Elizabeth B - No Bid Oueen Elizabeth C - No Bid Oueen Elizabeth D - No Bid Queen Elizabeth E - No Bid

#2019-600-01 - Supply & Delivery of Paint & Primer. RCDSB.

PPG Architectural Coatings Sherwin Williams Wood Works of Renfrew C.A. Reiche & Sons The Barn

#2019-30 - Fixed Access Ladders Alterations, Repairs, Structural Maintenance and Inspection. RCDSB.

AEC Group Inc. - \$5, 258.00* PARCS Ltd. - \$15, 930.64 Nsafe Engineering - \$5, 955.00 Mallard Eng. - \$10, 980.00 Canadian Safety - \$11, 885.00 Harrington Mech. - \$32, 814.00 The bid was disqualified

Tender Results Around The Region

#2019-13 - HVAC Replacement at Eganville Public School. RCDSB.

VCI Controls - \$548,355.00 JWK Utilities - \$516,047.00 Irvcon Limited - \$539,619.00 (Saffco - \$532,927.00

#2019-12 - Track Resurfacing - ADHS & FHS. RCDSB.

<u>Carpell Surfaces</u>
ADHS - Black - \$216,694.74
ADHS - Red - \$216,316.68
FHS - Black - \$214,600.00
FHS - Red - \$216,600.00
<u>Playteck Enterprises Inc.</u>
ADHS - Black - \$214,600.00
ADHS - Red - \$214,600.00

FHS - Black - \$214,900.00

FHS - Red - \$207,900.00

#2019-26 - Consultant for Staff Well-Being Focus Groups. RCDSB.

Public Services H&S Assn Level 7 Market Research Nanos Research Corp. Du B Fit DPRA Canada Inc. Ipsos BDO Canada LLP PCG Canada ULC Goss Gilroy Inc. The bids are not being released.

#2019-17 - Electrical Service Upgrade at Champlain Discovery PS. RCDSB.

Panke Electric - \$288, 500.00 Lamarche Elec. - \$288, 500.00 PSL Mechanical - \$197, 051.00 Rondeau Electric - \$238, 488.00 Frank's Electric - \$129, 983.25 JWK Utilities - \$187, 000.00

Arena Dehumidifier Platform PR-03-2019. Lanark Highlands.

Bells Machining - \$14,305.80 Wright Way - \$13,887.90

Tandem Trailer Tender PW-15-19. Lanark Highlands.

One bid was received. PJ Trailers - \$17,117.79

Dehumidifier PR-02-2019. Lanark Highlands.

Cimco - \$23,000.00 AC Mechanical - \$21,854.00 Renewed Muskrat River Watermain Crossing - Mary Street and Alfred Street – Tender Contract No. 19027-01. City of Pembroke.

Original Bid

H&H Const. - \$1,932,933.42 R.G.T Clouthier - \$2,087,000.00 Resubmitted Bid

H&H Const. - \$1,782,422.00 R.G.T Clouthier - \$1,997,000.00

Tender # CS-03-19, Centennial Park/Millennium Trail Repairs. Town of Petawawa. H & H Const. - \$212,316.46

RGT Clouthier - \$159,550.00

Arena Roof Replacement PR-04-19. Lanark Highlands.

Roof and Building - \$255,634.00 Labelle Custom - \$270,074.00 McKay Roofing - \$183,060.00

Two Articulating Sidewalk Plows Tender #PW-2019-13. Arnprior.

Joe Johnson - \$353,317.10 Sontrac Equip. - \$379,002.00

Reconstruction of Avon Road and Thomas Street. Deep River.

Greenwood - \$346,335.56 H&H Const. - \$424,873.86 RGT Clouthier - \$386,306.89

Outdoor Lighting Upgrades & Installation. Horton Township. Rondeau Electric - \$44,865.00 VAC Electric - \$27,692.25

Graveling of Garden of Eden Road & Bingham Drive Tender PW 2019-04. Horton Township.

B.R. Fulton - \$48,542.50 RGT Clouthier - \$43,788.00 Bonnechere Ex. - \$43,174.00

#2019-07 - Consultant for Review of Special Education Department. RCDSB.

This tender has been cancelled.

Full tender listings are available at www.ovbusiness.com. We post tenders and results free of charge. Submit your tender to: admin@ovbusiness.com

Tenders

REQUEST FOR PROPOSAL

PW 2019-19 and 2019-20 White Lake Snow Plowing Contracts

LVADM-2019-03 – Microphones and Sound System for Council Chambers

#PW-E-41-2019-19-E0 – Remote Control Tracked Chassis and Flail Mower

RFP 2019-CDW – Construction, Demolition, and Bulky Waste Processing Services

REQUEST FOR QUOTATION

PBIA 2020 Summer Flowers Contract

PBIA 2020 Maintenance Contract

RFQ-2019-09 Deck Stairs Replacement and Exposed Wood Maintenance

TENDERS

Smiths Falls Town Hall Renovation Project

Two New Half Ton 4×4 Pickup Trucks SA2019-07

One (1) New 2019 6X4 Tandem Axle Dump Truck – Tender Contract No. T-19-16

Reconstruction of Miller Street – Phase 1 Tender Contract No. T-19-17

Snow Removal 2019-2021

Detailed Engineering Design and Contract Administration Hwy 28 Connecting Link RFP 02-2019

2019-PW-013 – Christie Lake North Shore Road Rehabilitation

Tender 10604 – Galeairy Lake Dam Rehabilitation

T-19-15 Gazebo Construction – Riverside Park and Lea Street Park

For full tenders and results, visit www.ovbusiness.com

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Make Your Marketing Last How to be top of mind with customers



By: Jennifer Layman jenn@ovbusiness.com

I recently had some flooring replaced in my office. Things went as planned until it came to the stairs. I hadn't thought of what to do with the stairs – they were carpeted and I knew I wanted that removed, but I hadn't thought about what would replace the carpet. For the next week, I looked at the stairs of every office I happened to be at, which was a lot as I was delivering Health Matters magazines to quite a few locations! Some continued with the flooring, others had a carpet runner, some were painted and some had a different floor covering that was complementary to the flooring.

What struck me in the midst of my research on stairs was how similar it was to a consumer's experience with a company's marketing.

Not following? Let me explain.

I don't think about flooring and stairs on a regular basis. I do not work in an industry connected to flooring and I don't have a particular interest in it as a hobby. So unlike other things in my work and leisure life, flooring and stairs don't get any of my thoughts. However, when I was renovating, I was thinking about flooring and stairs, and when I thought about businesses that I might need to visit, certain ones came to mind. The businesses I was thinking about with were the ones I recalled from a marketing experience – a personal connection, an advertisement or a contributor to an event I had attended. Some of these experiences were not recent; they were just ones that stuck with me.

Marketing can have a longterm impact on your business if you are consistent and have a broad reach in how you communicate with the public. Businesses don't often think of that long-term result - we are so conditioned to want immediate results in this day and age - but what an awesome result to be who a customer thinks about when they are in the frame of mind to need what it is that you sell. Instead of fighting with the competition to be on top for the moment, a strong marketing

strategy can make you the front runner always, forcing your competition to always be

This is also why marketing is a continuous activity. It doesn't mean you have to advertise every day, but it means that you have to be always communicating with the public because there is no calendar of when someone is going to decide they need what you have to offer. I bought my flooring a year ago and never thought about the stairs until they were

As we approach the last quarter of the year, it's a good time to start thinking about how you can be more consistent in your marketing initiatives and squeeze more out of that investment. Look at places where you can generate more impact in a way that is something you can consistently sustain. There are plenty of options, but there are some options that will be better suited to you than a business in another industry. The more specific to your audience you can be, the more impact you will glean.

Now...onto the stairs.

Jennifer is the president of Forward Thinking Marketing Agency. Her column appears in every issue.

chasing you.

Deadlines **OTTAWA VALLEY BUSINESS**

October 1, 2019 Deadline: September 25, 2019

October 15, 2019 Deadline: October 9, 2019

November 5, 2019 Deadline: October 29, 2019

November 19, 2019 Deadline: November 12, 2019

101 THINGS TO DO IN THE VALLEY

November-December 2019 Edition Publishes: October 10, 2019 Deadline: October 8, 2019

HEALTH MATTERS

Four issues are planned fro 2020! The schedule will be released soon. You can get on our notification list by sending an email to behealthy@ovhealth.ca



In order to reach your marketing goals, you need to take the first step.

News Answers

- 1) Millenials, aged 19-34
- 2) Canadian softwood lumber
- 3) Maxime Bernier! He works at a merchandising company that sells to Costco.
- 4) 1,000
- 5) 48.9 per cent
- 6) 7/10 times, it is faster to go into the restaurant
- 7) 121; the next closest is Ouebec at 78
- 8) 1976
- 9) 29 seats are required for a majority and the PCs won 36. The NDP was second at 18 and the Liberals were third at 3.
- 10) National Security Advisor